

**University Pain Medicine Center**  
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**Follow Up Visit**

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of last visit: \_\_\_\_\_ **Percentage of pain improvement from last visit** \_\_\_\_%

Location of Pain: \_\_\_\_\_

Description of Pain: (circle) Sharp    Shooting    Stabbing    Cutting    Dull Aching    Nagging  
Stinging    Burning    Stinging    Electric    Throbbing    Cramping    Squeezing    Pressure    Pinching  
Tingling    Numbness

List of Activities you can do now that you could not do prior to treatment:

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

How often in your pain?     Never     Less than Daily     Daily

Severity of Pain 0-10 scale    0= no pain    10= worst pain ever

Circle:

Worst: 1 2 3 4 5 6 7 8 9 10    None Mild    Moderate    Severe    Excruciating

Average: 1 2 3 4 5 6 7 8 9 10    None Mild    Moderate    Severe    Excruciating

Now: 1 2 3 4 5 6 7 8 9 10    None Mild    Moderate    Severe    Excruciating

Duration of Pain: \_\_\_\_\_ Changes in Pain Since the last visit: \_\_\_\_\_

What makes pain better? \_\_\_\_\_ Worse? \_\_\_\_\_

Effects of new Pain Medications: \_\_\_\_\_ Current Medications: \_\_\_\_\_

What procedure(s) were performed? \_\_\_\_\_

Patient's Signature: \_\_\_\_\_