

**University Pain Medicine Center**  
**Didier Demesmin, M.D.**  
**Board Certified in Pain Medicine**  
**Board Certified Anesthesiologist**

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***Note: All patients require transportation on the day of the procedure since they cannot drive after the procedure. No exceptions.***

**Anticoagulants and When To Stop Them Prior to Procedure**

**Persantine** - Stop taking this 5-7 days prior to procedure.

**Ticlid** - Stop taking this 5-7 days prior to procedure.

**Plavix** - Stop taking this 5-7 days prior to procedure. Check with your doctor who manages this medication.

**Coumadin (Warfarin)** – Stop taking this 5 days prior to procedure. Check PT/INR. Check with your doctor who manages this medication.

**Heparin** – Stop taking this 2 hrs prior to procedure. Check PTT. Check with your doctor who manages this medication.

**Loevnox** – Stop taking this 2 days prior to procedure. Check with your doctor who manages this medication.

**NSAIDS/ASA** – This includes aspirin, Ibuprofen, Excedrin, Motrin, Alleve, Advil, Naprosyn, Cellabrex and Vioxx. Stop taking this 7-10 days prior to procedure.

**Mobic** – Stop taking this 5-7 days prior to procedure.

**Vitamin E** – Stop taking this 7 days prior to procedure.

**Garlic, Ginkgo Biloba and Ginseng**- Stop taking this 7 days prior to procedure.

**Glucophage (Metformin)** – Stop taking it 48 hours prior to procedure and Restart 48 hours post procedure.

This has been explained to me by \_\_\_\_\_, on \_\_\_\_\_  
Date

Patient's Signature: \_\_\_\_\_

**\* Must confer with primary MD concerning risks/benefits of treatment cessation. \***